



Workshop

June 25th 2026 | Jl. Kolonel Sutarto No.132, Surakarta



Mastering Advanced Modalities in Aesthetic Dermatology: From Pigmentation to Contouring

Time	Schedule
07.00 – 07.30	Registrasi ulang, pembagian goodie bag
07.30 – 08.00	Pembukaan Workshop
08.00 – 12.00	Cold Plasma Device (CPD) for Hypertrophy, Hypertrophic Scar & Acne Dr. dr. Suci Widhiati, M.Sc., Sp.D.V.E., Subsp.D.A., FINSADV, FAADV
	Advanced Mesotherapy for Double Chin: Balancing Lipid Reduction and Submental Fat Remodelling Dr. dr. Arie Kusumawardani, Sp.D.V.E., Subsp.D.K.E., FINSADV, FAADV
	Pico Laser dr. Andreas Widiansyah, Sp.D.V.E., FINSADV, FAADV
	Layered Rejuvenation of the Periorbital and Neck: Integrating Peels, Botulinum Toxin and Bioactive Skin Boosters dr. Lilik Norawati, Sp.D.V.E., FINSADV, FAADV
	PLLA-Based Skin Boosters for Structural and Volumetric Aging: Evidence-Based Perspectives dr. Rita Maria, Sp.D.V.E., FINSADV
	Next Generation of Skin Renewal - Acid Free Peeling Bonus - Microneedling without needle technique Dr. dr. Sinta Murlistyarini, Sp.D.V.E., Subsp.D.K.E.
	PRP+++ for Post-Inflammatory Hyperpigmentation, Photoaging and Dermal Filler Dr. dr. Indah Julianto, Sp.D.V.E., Subsp.O.B.K., FINSADV, FAADV
	Combination Synchronized RF & Diffuse Ultrasound for contouring Face & Body dr. Margareth Minaria

Blepharoplasty Prime Workshop

Time	Schedule
07.00 – 07.30	Registrasi ulang
07.30 – 08.00	Pembukaan Workshop
08.15 – 10.15	Simple Technique, Natural Eyes: Upper Blepharoplasty Dr. dr. Nugrohoaji Dharmawan, M.Kes., Sp.D.V.E., Subsp.O.B.K., FINSADV, FAADV Dr. dr. Adniana Nareswari, Sp.D.V.E
10.15 – 10.45	Coffee Break

*Schedules are subject to change

1st Day Symposium

June 26th 2026 | Jl. Ir. Soekarno, Grogol Sukoharjo



Time	Schedule
Session I	
Advancing Pigmentation Science: Biological Mechanisms and Ethical Responsibility	
08.30 – 08.45	Ethical Frontiers in Pigmentation Therapy: From Standard to Advanced Interventions Dr. dr. Muhammad Eko Irawanto, Sp.D.V.E., Subsp.D.A.I., FINSADV, FAADV
08.45 – 09.00	Cellular Interactions in Skin Pigmentation: Melanocytes, Keratinocytes and the Dermal Microenvironment Prof. Dr. dr. Harijono Kariosentono, Sp.D.V.E., Subsp.D.A.I., FINSADV, FAADV
09.00 – 09.15	Regenerative Medicine: Stem Cells in Pigmentation Disorders Dr. dr. Indah Julianto, Sp.D.V.E., Subsp.O.B.K., FINSADV, FAADV
09.15 – 09.25	Discussion
09.25 – 09.55	Coffee Break
Session II	
From Skin Barrier to Pigmentation and Hair Restoration	
09.55 – 10.10	Beyond Tyrosinase: A Multi-Pathway Approach to Pigmentation Management with Mela Rest Serum Dr. dr. Arie Kusumawardani, Sp.D.V.E., Subsp.D.K.E., FINSADV, FAADV
10.10 – 10.25	Sea Daffodil and Niacinamide Combination for Gentle Brightening and Barrier Support for Pigment Problem Skin Dr. dr. Suci Widhiati, M.Sc., Sp.D.V.E., Subsp.D.A., FINSADV, FAADV
10.25 – 10.40	Hair Restoration Breakthrough: Autologous Exosomes for Androgenetic Alopecia dr. Amaranila Lalita Drijono, Sp.D.V.E., FINSADV, FAADV
10.40 – 10.50	Discussion
11.00 – 12.45	Prayer Time

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1st Day Symposium

June 26th 2026 | Jl. Ir. Soekarno, Grogol Sukoharjo



Time	Schedule
Session III	Pigmentation in Skin Aging: From Mechanisms to Management
12.45 – 13.00	Rejuvenating from Within: The Role of Skin Boosters in Skin Aging dr. Flandiana Yogiarti, Ph.D, Sp.D.V.E, Subsp.D.K.E.
13.00 – 13.15	Polynucleotide: The Next Regenerative Treatment for Pigmentation and Skin Elasticity dr. Ammarilis Murastami, Sp.D.V.E., Subsp.O.B.K., FINSDV, FAADV
13.15 – 13.30	Ochronosis Management: The Challenges and Solutions Dr. dr. Nugrohoaji Dharmawan, M.Kes., Sp.D.V.E., Subsp.O.B.K., FINSDV, FAADV
13.30 – 13.40	Discussion
Session IV	Post-inflammatory Hyperpigmentation (PIH): How to Manage ?
13.40 – 13.55	Topical Therapies for PIH: Probiotics, Actives and Sunscreens Dr. dr. Prasetyadi Mawardi, Sp.D.V.E., Subsp.Ven., FINSDV, FAADV
13.55 – 14.10	Brightening Actives in the Era of Sensitive Skin Epidemic: Rethinking Niacinamide and TXA Beyond Lightening dr. Andreas Widiandyah, Sp.D.V.E., FINSDV, FAADV
14.10 – 14.25	Dual Pathway Modulation of Hyperpigmentation Clinical Outcomes with Niacinamide and Tranexamic Acid Combination Therapy dr. Heru Nugraha, Sp.D.V.E., FINSDV
14.25 – 14.35	Discussion
14.35 – 14.55	Coffee Break
Session V	Melasma Review: Current Concepts and New Therapeutic Targets
14.55 – 15.10	Melasma Treatment Beyond Hydroquinone: Updates in Modern Brightening Agents Dr. dr. Sinta Murlistyarini, Sp.D.V.E., Subsp.D.K.E., FINSDV, FAADV
15.10 – 15.25	Oral Therapies for Melasma: Antioxidants, Glutathione and Tranexamic Acid Dr. dr. Nur M Rahmat Mulyanto, M.Sc., Sp.D.V.E., Subsp.D.T., FINSDV, FAADV
15.25 – 15.40	From Tranexamic Acid to PRP: Injectable Options for Melasma Dr. dr. Liza Afriliana, Sp.D.V.E., Subsp.D.K.E., M.K.M
15.40 – 15.50	Discussion

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KELOMPOK STUDI DERMATOLOGI KOSMETIK INDONESIA
 PERDOSKI CABANG SURAKARTA
 RUMAH SAKIT UMUM DAERAH DR. MOEWARDI
 FAKULTAS KEDOKTERAN UNIVERSITAS SEBELAS MARET

2nd Day Symposium

June 27th 2026 | Jl. Ir. Soekarno, Grogol Sukoharjo



Time	Schedule
Session VI	
Updated Hair Loss Management: Modern Therapeutic Strategies for Alopecia and Vitiligo	
08.30 – 08.45	Regenerative Therapy for Androgenetic Alopecia: The Role of PRF-Derived Exosomes in a Mouse Model Dr. dr. Adniana Nareswari, Sp.D.V.E
08.45 – 09.00	Advance in Hair Transplantation for Androgenetic Alopecia dr. Pristia Widya Monica, M.A., M.M., Sp.D.V.E.
09.00 – 09.15	Vitiligo Management in the Modern Era: Innovations and Therapeutic Advances Dr. dr. Moerbono Mochtar, Sp.D.V.E., Subsp.O.B.K., FINS DV, FAADV
09.15 – 09.25	Discussion
09.25 – 09.55	Coffee Break
Session VII	
Chemical Peels and Hyperpigmentation: How to Choose the Appropriate Agent	
10.00 – 10.15	Next-Generation Chemical Peeling: Gentle Renewal with Powerful Results dr. Lilik Norawati, Sp.D.V.E., FINS DV, FAADV
10.15 – 10.30	The Role of Clear RF Microablation in Superficial Melasma Management dr. Nuri Usman, M.Ked.D.V., Sp.D.V.E.
10.30 – 10.45	Integrating Chemical Peels and Skin Boosters in Melasma Management dr. Rita Maria, Sp.D.V.E, FINS DV
10.45 – 11.00	From Antioxidant to Brightening Agent: Unlocking the Potential of S-Acetyl Glutathione Dr. dr. Arie Kusumawardani, Sp.D.V.E., Subsp.D.K.E, FINS DV, FAADV
11.00 – 11.10	Discussion
11.10 – 11.55	Prayer and lunch break

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2nd Day Symposium

June 27th 2026 | Jl. Ir. Soekarno, Grogol Sukoharjo



Time	Schedule
Session VIII	
Laser and Energy-Based Devices (EBD) in Pigmentary Disorder	
11.55 – 12.10	Cold Plasma for Sunspot dr. Firdausi Nurharini, Sp.D.V.E., FINSADV, FAADV
12.10 – 12.25	Lasers in Melasma Management: What Works and What Doesn't Mayjen TNI (Purn) dr. Abraham Arimuko, Sp.D.V.E., MARS., M.H., FINSADV, FAADV
12.25 – 12.40	From Vision to Precision: Integrating Skin Ultrasound into Daily Dermatological Practice dr. Aprilia Karen Mandagie, Sp.D.V.E., FINSADV
12.40 – 12.50	Discussion
Session IX	
Emerging Therapies in Pigmentation	
12.50– 13.05	Clinical Applications of Topical Stem Cell-Derived Therapies in Pigmentary Disorders Prof. Dr. dr. Y. Widodo Wirohadidjojo, Sp.D.V.E., Subsp. O.B.K., FINSADV, FAADV
13.05 – 13.20	Injectable Stem Cell-Derived Therapies in Pigmentary Disorders Dr. dr. Endra Yustin Ellistasari, M.Sc., Sp.D.V.E., Subsp. Ven., FINSADV, FAADV
13.20 – 13.35	The Role of French Maritime Pine Bark Extract to Enhance Melasma Treatment dr. Reni Wiyakti Nanda Dewi, Sp.D.V.E., FINSADV, FAADV
13.35 – 13.45	The Role of Exosomes in Aging Skin dr. Ervina Rosmarwati, M.Biomed., Sp.D.V.E.
13.45 – 14.55	Discussion
14.55 – 14.25	Coffee Break
Session X	
Uncovered Pigmentation Problems: Special Cases	
14.25 – 14.40	Pigmentary Disorders in Autoimmune and Systemic Diseases Dr. dr. Triasari Oktavriana, M.Sc., Sp.D.V.E., Subsp.D.A.I., FINSADV, FAADV
14.40 – 14.55	Hipopigmentary Disorder in Children: Clinical Pearls and Phototherapy Outcomes dr. Hari Darmawan, Sp.D.V.E.
14.55 – 15.05	Prevention for PIH after Aesthetic Procedure dr. Alamanda Murasmita Sp.D.V.E., FINSADV
15.05 – 15.15	Managing Pigmentary Disorders During Pregnancy: Safe and Effective Approaches dr. Pratiwi Prasetya Primisawitri, Sp.D.V.E.
15.15 – 15.25	Discussion

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